

RUTORIX-A TABLETS

Trypsin 48 mg + Bromelain 90 mg + Rutoside Trihydrate 100 mg + Aceclofenac 100 mg

"Quadruple Action - Pain.Swelling, Inflammation, Healing"

Marketed by: Human Orthocare

A Subsidiary of Human Biolife India Pvt. Ltd.

www.humanorthocare.com





Product Overview



Composition (per tablet):

Trypsin(p)

48 mg

Bromelain (BP)

90 mg

Rutoside Trihydrate (BP)

100 mg

Aceclofenac (I.P.)

100 mg

Key Features:

- Combines NSAID + Enzymes + Flavonoid for faster recovery
- Controls pain, swelling, and oedema
- Promotes healing & tissue repair
- Safe, well-tolerated in orthopaedic patients

Mechanism of Action

Understanding how Rutorix-A delivers comprehensive orthopaedic care



Trypsin + Bromelain

Proteolytic Enzymes:

- Break down inflammatory mediators → reduces swelling & oedema
- Enhance fibrinolysis → faster absorption of haematomas
- Promote wound & soft tissue healing



Rutoside

Flavonoid:

- Antioxidant & capillary stabiliser > reduces microvascular damage
- Enhances anti-oedema effect



Aceclofenac

NSAID:

- Inhibits COX enzymes → ↓ prostaglandins → potent anti-inflammatory & analgesic
- Outcome → Pain relief + oedema control + faster healing in orthopaedic conditions





Indications in Orthopaedics

Q Rutorix-A is recommended for:

Acute musculoskeletal pain & trauma

Immediate relief for sudden onset injuries and traumatic conditions

Fractures, sprains & sports injuries

Accelerated healing for bone and soft tissue injuries

Low back pain, cervical & lumbar spondylosis

Relief from spinal conditions and associated symptoms

Post-operative pain, swelling & oedema

Comprehensive management following surgical procedures

Osteoarthritis & rheumatoid arthritis flare-ups

Effective management of chronic inflammatory conditions

Tendinitis, bursitis & periarthritis

Treatment of inflammatory conditions affecting joints and tendons

Clinical Advantages



Why orthopaedic patients benefit from Rutorix-A's comprehensive approach



** Why Orthopaedic Patients Benefit:

Quadruple action

Pain + Inflammation + Oedema + Healing in one formulation

Faster recovery

Accelerated healing in fractures & post-surgery cases

Reduced dependency

Less reliance on high-dose NSAIDs alone

Improved outcomes

Enhanced joint mobility & functional recovery

Better compliance

Single-tablet therapy improves patient adherence



Comparison with Other Orthopaedic Therapies

Demonstrating Rutorix-A's superior comprehensive approach

Parameter	Rutorix-A (4-in-1)	NSAID Alone	Enzyme Alone	Flavonoid Alone
Pain Relief	✓ Strong	✓ Strong	X Minimal	X Minimal
Anti-Inflammatory Action	V Potent	✓ Moderate	1 Limited	X Minimal
Oedema Reduction	Yes	X No	Yes	✓ Partial
Healing Support	✓ Yes	X No	Yes	1 Limited
Compliance	✓ High	/ Moderate	/ Moderate	<u> </u> Moderate

3 Rutorix-A provides comprehensive therapeutic benefits that single-agent therapies cannot match

Dosage & Administration





Dosage in Orthopaedic Patients:



Standard Dosage

1 Tablet twice daily after meals



Duration

Depends on severity:

- · 5–14 days for acute
- · Longer in chronic cases



Special Notes:

- Administer consistently for optimal results
- Can be combined with antibiotics or other pain relievers post-surgery



Administration Guidelines

Take with food to minimise gastric irritation and ensure optimal absorption of all active components.

Safety & Tolerability



Well-Tolerated Profile:

Enzymes

Mild GI upset (rare occurrence)

Rutoside

Generally safe with excellent tolerability

Aceclofenac

Possible gastric irritation, but safer vs diclofenac

O Cautions:

- Avoid in active peptic ulcer, severe hepatic/renal impairment
- Use cautiously in elderly & anticoagulant therapy
- Contraindicated in pregnancy & lactation unless advised
 - Always consult healthcare professionals before prescribing to patients with comorbidities







Why Orthopaedic Surgeons & Physicians Prescribe Rutorix-A

The trusted choice for comprehensive orthopaedic care



Trauma, fractures & post-surgical

inflammation

Comprehensive management from acute injury through recovery

Faster absorption of haematomas &

swelling control

Accelerated resolution of post-traumatic complications

Superior to NSAID monotherapy

Enhanced efficacy in reducing pain & oedema compared to single agents

560

Restores mobility & accelerates rehabilitation

Faster return to functional activities and improved quality of life

Trusted Human Orthocare formulation

Proven multi-action approach backed by clinical experience





Contact Us

Step into care that moves you forward.

Use with clinical discretion, especially in high-risk orthopedic conditions.

HumAn Orthocare – A Subsidiary of Human Biolife India Pvt. Ltd.

For medical queries or collaboration:



www.humanorthocare.com